

***“Back yourself, and when you can’t, have a good crew around you who will back you when you need it most.”***

***– Pollyanna Lenkic***

**POLLYANNA LENKIC**

EMPOWERING PEOPLE PERFORMANCE

The proverb of 'It takes a village to raise a child' is full of deep wisdom from ages past. It endures across time, cultures, ages and professions. Its relevance goes beyond raising our children, crossing into our adult lives. I would not be able to do what I do without the network of parents, family, friends & fellow professionals in my field who have my back. Thank you, you know who you are!

A few years ago I took the time to map out who my go to people were across every category of my life after listening to Janine Garner and reading her book. I realised that I only had a go to list for picking up our children if my husband or I got stuck at the last minute. Applying the process that Janine describes in her book 'It's Who You Know' I got to experience the benefits first hand when my father was in his last stages of life 1.5 years ago. Making a very emotional time less stressful. Within 24 hours I managed to get another professionally relevant expert to fill in for 2 months of commitments without disrupting my clients at all.

Knowing who has your back works more effectively in times of stress if you have spent time thinking through who you would call, and having a list, under themes, categories. A good investment of time for when you need it most.

*Pollyanna*