

“Comparison is the cancer that destroys achievement.”

– Pollyanna Lenkic



POLLYANNA LENKIC
EMPOWERING PEOPLE PERFORMANCE

When you see someone being elevated or receiving an award for their achievements, do you:

- Compare?
- Admire?
- Learn?
- Something else?

Comparison is the cancer of achievement that stunts our growth, limiting what we feel is achievable - by us! Grinding our aspirations to a halt.

It hurts more than it heals, alienating yourself and others. No one wants to be compared to another, regardless of what side of the comparison table they sit on.

We can admire, the achievements, the person and much admiration can be too intense.

We all have people in our lives we admire, some are elevated to the status of hero. As Elizabeth Gilbert says in Big Magic, she finds it best not to meet her hero's as they always disappoint.

When we elevate the person mixing up our sense of self to whom we think they are, focusing on the achievement we miss the hard work and dedication that got them there.

Admiration is best administered in small doses.

Look beyond what you perceive to be true and appreciate what the person has achieved, how they show up in life, how they stepped up and whom# they had to become.

Keep your admiration coming from a healthy and constructive place.

Pollyanna