

# ***Does your leadership allow change to happen?***

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EMPOWERING PEOPLE PERFORMANCE

Does your Leadership allow change to happen?

When we think about leadership in the context of change, the focus is often on how we can support others during change.

We know that change can be hard.

We know that as humans we resist change.

And we know that we can get in the way and block the change we are working to implement. Because we are human.

The focus on external factors and others is important, it becomes a problem when we do not make time to check in with where we are at.

To apply the same strategies to ourselves.

Getting curious about what you are blocking could be insightful.

In what ways are you a Leader that is hard to work for?

*Pollyanna*