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EMPOWERING PEOPLE PERFORMANCE

The enduring narrative to date has focused on fixing women. We don't need fixing.

The systems we operate in do.

There is a lot we can do individually and together daily to create positive and lasting change.

We can put our biases under the microscope.

We all have biases that support our view of the world. And sometimes our biases support the very thing that we stand against.

Taking time to notice how we contribute to bias and the impact this has is worthy work to invest in.

We can detangle the human issues that affect us all, these are often ascribed as something that women have a greater shareholding in, we don't.

Imposter Syndrome, limiting beliefs, lack of confidence, Invisible syndrome, perfectionism are all human issues.

The anchor that keeps us submerged, patriarchy, is damaging for all, keeping potential, joy and fulfilment locked.

What are the patriarchal hooks that keep you submerged?

Pollyanna