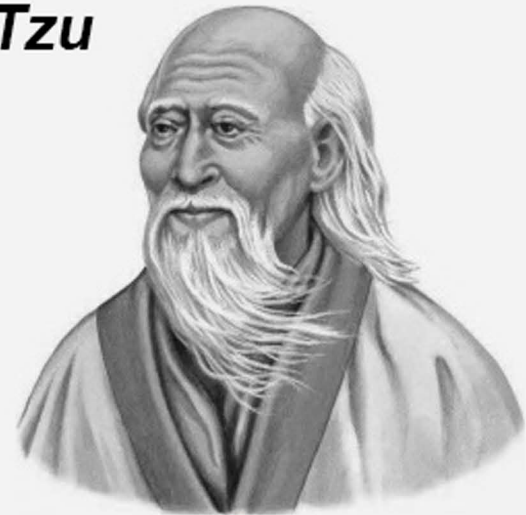


***“Mastering others is strength;  
Mastering yourself is true power.”***

***– Lao Tzu***



**POLLYANNA LENKIC**  
EMPOWERING PEOPLE PERFORMANCE

It can seem like an easier path to focus on how we harness the potential of others, how we see their gaps and strengths. This continues to be one of our illusions, a distraction. The inconvenient truth, the one we are not always ready to accept is that we can only be a master of ourselves and a mentor to others. And we can only be effective in this when we take the time, as a regular practice, to know ourselves deeply.

It takes courage to stay on the path of knowing and understanding ourselves and how we create ripples or an avalanche within the systems we are a part of.

It takes deep self compassion to be able to see ourselves fully, where we excel, our strengths and where we fail. And most importantly what we make our failures mean.

Mastering ourselves is a lifetime of constant investment and work, it's worthy work and work that continues to bring gifts into our personal and professional lives. Only then, can we truly lead others.

*Pollyanna*