

***“We spend so much time
on our differences
that we forget our similarities.”***

– Pollyanna Lenkic



We spend so much time on our differences we forget our similarities.

With our differences comes challenges, strengths and opportunities.

My invitation for today is to consciously look for similarities that connect you to others in your workplaces.

Finding this connection brings alignment and space for our differences. A good foundation for creating inclusive cultures so all can thrive.

Here are some to consider:

To be seen and heard is a very human need we all share. Today take extra care to listen. Coming from a state of curiosity will keep judgement at bay.

Anthony Robbins shares these 6 human needs:

1. Certainty: assurance you can avoid pain and gain pleasure
2. Uncertainty/Variety: the need for the unknown, change, new stimuli
3. Significance: feeling unique, important, special or needed
4. Connection/Love: a strong feeling of closeness or union with someone or something
5. Growth: an expansion of capacity, capability or understanding
6. Contribution: a sense of service and focus on helping, giving to and supporting others

I hope this post stimulates thinking, curiosity and a conscious choice to look for similarities to connect with others you may not usually today.

Pollyanna