



***“Surf the wave of true potential.”***

***– Pollyanna Lenkic***

**POLLYANNA LENKIC**

EMPOWERING PEOPLE PERFORMANCE

We have tangled up the fear of making mistakes, becoming stuck with unhelpful emotions and behaviours with the 'fake it til you make it' mantra, resulting in worshipping the false gods of bravado..

We talk a lot about having the courage to ask questions, to allow failure and yet we seem hardwired still to being an observer in this with varying degrees of tolerance, compassion and kindness. This is leaching into our culture with negative impact all round. Our time worn strategy of stand tall and 'fake it til we make it' is failing to deliver. It can send us down a less constructive path obstructing the real issues and way forward.

Connecting with our courage will give us a strong core so we can surf the waves of our lives.

*Pollyanna*

