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EMPOWERING PEOPLE PERFORMANCE

The flip side of the 4 Horsemen are constructive behaviours that build our team's immune system for sustainable health and performance.

Curious: When we ignite curiosity it broadens our perspective, parking judgement and blame. Curiosity sparks a deep desire to know more, this is an expansive place that can provide a deeper understanding, increase creativity, innovation and productivity.

Respect: A feeling of deep admiration is often evoked as a sign that respect is present. It could be for the person's application of their abilities, what has been achieved or for their qualities that are evidenced by how they show up.

Collaborate: Teams exist to get results, achieving together what we can't alone. It is both a mindset and a skill when woven together produces efficiencies that were not conceived individually whilst deepening connection and lifting engagement.

Acknowledge: A basic human need is to be seen and heard. Acknowledgement is a powerful doorway that tells someone that we see them for who they are, highlighting their inner characteristics whilst accomplishing a task or achieving a goal. The deeper gift of this is often the person may not be aware of this part of themselves which they can now explore.

Pollyanna