

Our values are the foundation of who we are, how we show up, taking us towards acts of courage we may not have thought possible.

It's when we stand up for what we believe in, in service of others and the greater good. For our planet, our communities, our families and our workplaces.

These acts of courage draw from a deep well of a hunger for something to be different. Often born from what we can no longer turn a blind eye to, what we can no longer tolerate.

This deep and authentic leadership shapes and creates positive and productive cultures people want to belong to.

We become leaders that others aspire to be, leaders that we aspire to be.

The flip side is when we squash the hunger and our values either by silence, apathy or fear. This is when we are out of synch, we feel constricted and constrained - creating a negative ripple effect.

Our action or inaction is causing friction with our deepest values. We are out of alignment. And our behaviours spiral. Retreat into ourselves, hiding in our expertise and creating fertile ground for silos, misunderstanding and conflict squashing innovation, talent and derailing projects and initiatives.

