

“What you get by achieving your goals is not as important as what you become by achieving your goals.”

– Henry David Thoreau



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EMPOWERING PEOPLE PERFORMANCE

The things we want to achieve in life are important, the feeling of satisfaction and reward to see a project implemented, a race won. Initially, this feels intense, then over time, the intensity diminishes.

What doesn't diminish is whom we are becoming as we rise up and do the things we set out to do. We grow and realise our potential is far greater than we thought was possible.

Sustaining this on our own can be challenging, keeping the momentum going when the climb feels hard and the potential out of reach.

This is why I value the coaching process, both in my role as a coach and when I work with my coach and mentors, both individually and in group settings.

Group coaching is a powerful way to fast track professional and personal achievements whilst supporting others to do the same.

Pollyanna