

***“Confidence ebbs and flows
in our lives, therefore building it
and maintaining it takes a lot
of energy that can be
put to better use.”***

– Pollyanna Lenkic

POLLYANNA LENKIC

EMPOWERING PEOPLE PERFORMANCE

Jas's focus was to build confidence. Disappointed that she didn't get the role applied for she was determined to get the next one. 'If I just had more confidence' she said.

Part of the coaching process is to get clear on the outcomes, none require confidence.

40,000 books on Amazon have confidence in the title

Confidence has become the holy grail of modern times.

We invest in trying to build it

We grieve when we feel we have lost it

Confidence is a state of being, it's not something we do.

We don't need confidence to grow, to learn, to stretch.

We don't need confidence to achieve what we thought we could not.

We don't need confidence to Lead, ourselves and others.

Jas implemented her development strategy consistently over 6 months, she immersed herself into transferring and practising new skills. She tapped into courage and became more visible. She got promoted.

The biggest productivity hack of this century could be to dump the need for confidence and put our energy and time elsewhere.

What would you gain if you gave up the search for the Confidence Holy Grail?

Pollyanna