



***“Confidence is an obsession  
that is dumbing down our potential.”***

***– Pollyanna Lenkic***

**POLLYANNA LENKIC**

EMPOWERING PEOPLE PERFORMANCE

To be confident is an enduring trend that we have been seduced by. We compare it (confidence) in ourselves and others, we seek out wisdom from others who appear to be overflowing with confidence and try to emulate them whilst colluding with those also seeking to improve theirs.

The problem with this strategy is that have a propensity to gather our evidence from the high moments of other people's lives, usually from social media posts, which we compare to the lowest moments of our lives. Our processes are as flawed as we are.

Why? Because we are human. There can be a need to create a real condition, a confidence munchausen to add evidence that our thinking is sound. It's a distraction.

*Pollyanna*