

We get stuck because we feel we are lacking in confidence, so we try and try and try to keep the confidence tank filled up. This is exhausting, creating confusion and derailing us from focusing on what is really going on. Leaders I work with share that when they feel stuck it quickly spirals to a feeling of not having any options and direction. Others share that they get stuck in a cycle of confusion with too many options clouding decisions and their decision making processes.

Drawing from the deep well of courage that is within us is where transformation happens. Courage shifts our focus from lost to one of clarity, grounded in the conviction of knowing the right path for our leadership and lives.

