

“The journey of a thousand miles begins with a single step.”

– Lao Tzu



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EMPOWERING PEOPLE PERFORMANCE

When we are stuck and feel like the climb is too high, a single step can change everything.

Reflect back over the past month, what are the steps that have helped you?

What are the steps that could support you to achieve your goals by the end of this year?

If you wrote a letter to yourself from the 31st December 2019 what would you say?

Now, what's the first step you can take today towards this?

Pollyanna