"The search for confidence is the 'holy grail' quest of our times."

- Pollyanna Lenkic



Unless we shift our mindset and focus away from confidence and towards courage, learning and building our skills and capabilities we could be heading down a path of quest groundhog day. A quest that will give us many stories to tell of battles fought and won. However, the confidence quest will forever derail us from focusing on what will help us rise and grow so we can realise the full potential that is in each of us, creating a ripple effect to the potential within others.

Pollyanna