



**“It’s time to untangle confidence
and success.”**

– Pollyanna Lenkic

POLLYANNA LENKIC

EMPOWERING PEOPLE PERFORMANCE

If I just had more confidence I would be...

more successful, happier, healthier, ____ (fill in the gap)

We have been trained to believe that confidence is the fuel that will catapult us to a happier, more successful life and career. In the same way fossil fuels are polluting the environment with visible and hidden costs, mining for confidence is damaging our internal and external environment. Leaving a trail of missed opportunities and a fertile ground for blame (self and others).

The true cost of focusing on confidence first and action second is deeper than we realise.

What could you do today if confidence wasn't part of the decision?

Pollyanna